

# Housekeeping Activity

## Facilitator instructions

The following Housekeeping activity is intended for use with the CDC's training series, entitled "Public and Environmental Health Practices on Cruise Ships" Housekeeping Training series. Use this activity at directed time during the video. Please see note that the activity requires preparation before the initial use.

### Preparing the activity:

- Cut out each of the strips below.
- To reuse this activity, laminate the strips and a sheet of paper. Apply hook-and-loop tape to the back of each strip and paper.

### Notes about this activity:

- The strips below (in no particular order) correspond with activities that are required during the cleaning of a cabin and toilet room. These are examples and may not include activities that are required on your vessel. If desired, add any important activities that are on your vessel.
- This activity will take a total of approximately 25 minutes. Allow 15 minutes for students to complete activity and 5-10 minutes for reviewing.

## **Class instructions**

You are a cabin attendant and you have 20 cabins to clean. This is a routine day and there are no cabins with sick people. You are starting your day with a fully stocked trolley, clean uniform and clean hands.”

Keep in mind:

- Hands must be washed before handling clean items such as towels, glasses, cups, ice buckets and ice, and snacks.
- Most disinfectants have a contact time and should be left on the surface for the indicated amount of time.
- Most disinfectants will not work properly on soiled surfaces.
- The toilet room is likely to be the most contaminated area and the gloves used in this room should not be used in the rest of the cabin.

Put on disposable gloves

Remove and discard disposable gloves

Make bed or change bed linens

Remove soiled towels and garbage from toilet room

Dispose of garbage in cabin

Vacuum cabin

Dust cabin surfaces

Disinfect touchable surfaces in cabin

Remove used glasses, ice buckets, coffee cups...

Wash hands

Restock clean glasses, ice bucket, coffee cups....

Wash, rinse and sanitize ice bucket

Restock towels

Spray disinfectant on toilet room surfaces

Wipe disinfected toilet surfaces